

FODMAP Around The World

International FODMAP conference
5 - 7 November 2015, Rotterdam, NL

The
LOW-FODMAP
DIET

Is it for me?

The International Conference FODMAP Around The World is specially designed for health professionals who treat, or want to treat, people with Irritable Bowel Syndrome (IBS) around the world. Speakers are Jane Muir, Jaci Barrett and Caroline Tuck from the Monash University Melbourne, Australia and Kate Scarlata and Patsy Catsos from the USA!

DELEGATES INFORMATION

FODMAP Around The World, International conference

- Thursday, 5th November 2015
Welcome drinks & bites, 18.15h - 20.00h
- Friday, 6th November 2015
Conference day, 9.00h - 17.30h
- Saturday, 7th November 2015
Optional half a day "Urban Food Tour", 10.00h - 14.00h

Markthal, de Wereld van Smaak
Van Vollenhovenstraat 15 /32
3016 BE Rotterdam, Netherlands

Introduction

On the 5th, 6th and 7th of November 2015 we welcome you to our International FODMAP Conference in Rotterdam, The Netherlands. Our International orientated programme kicks off with the origin of the low FODMAP diet and gives in dept knowledge of the latest research, cases studies from the USA, Australia and Europe and much more!

Purpose

Since 2004 we organize annually conferences about allergies and intolerances for Dutch and Belgium health professionals. Science shows that the Low FODMAP diet helps up to 75% of the people with IBS to manage their symptoms.

Our International orientated FODMAP Conference for professionals broadens your knowledge and let you help even more patients.

Program

Thursday, 5th November 2015

Welcome drinks & bites from 18.15h – 20.00h

Friday, 6th November 2015

- 9.00 Welcome address, Marloes Collins (NL)
- 9.15 The origin of the low FODMAP diet, Jaci Barrett (AUS)
- 9.40 How to implement the low FODMAP diet and the importance of the re-challenge phase, Jaci Barrett (AUS)
- 10.05 Meeting Nutrient Needs on the Low FODMAP Diet, Patsy Catsos (USA)
- 10.35 Coffee break
- 11.00 The latest on FODMAP research, Jane Muir (AUS)
- 11.30 How are products tested for FODMAPS? Jane Muir (AUS)
- 12.00 Lunch break and behind the scenes tour of the Markthal
- 13.30 Hands on activities-recipe adaption to reduce FODMAP content, label reading, menu planning, Kate Scarlata (USA)
- 14.30 FODMAPs around the world, case studies
Australia: Caroline Tuck
USA: Patsy Catsos
Europe / England: to be announced
- 16.00 Coffee break
- 16.45 Panel discussion: What if the low FODMAP diet doesn't work for your client?, Jaci Barrett (AUS)
- 17.30 Closing and take home message, Marloes Collins (NL)

Saturday, 7th November 2015

Optional half a day "Urban Food Tour".

Figures

Approximately 10 to 20% of the worldwide population has IBS. Science shows that up to 75% of IBS patients get relief of their IBS symptoms on a low FODMAP diet.

It is very important that patients seek advice from a qualified dietitian to help them during the elimination phase and reintroduce phase of the diet. The goal is to help each patient to find out how much of each FODMAP group they can tolerate to get the most varied individual diet.

To treat all those patients we need more and more Health Professionals that are specialized in the low FODMAP diet.

Registration
To register for our
conference you can register
and pay online at our
website or fill out the form
in this brochure.

Communication

Please visit our website for the latest news:
www.fodmap-diet.com
To join our newsletter please click here.

Please use #FODMAP-rdam on social media.

To join our Linkedin group please click here:



Organisation committee



Marloes Collins Rianne de Mos Christie de Vrij

FODMAP-diet.com is part of AllergiePlatform.nl, a company based in the Netherlands. We aim to share our knowledge on food related intolerance and allergies.

Registration form

Registration
Registration is also possible
online at
<http://fodmap-diet.com/shop/>

Please complete and return to:

AllergiePlatform
P.O. BOX 244
NL 3340 AE H.I. Ambacht

Tel: 0031 617 016 607 (UTC +2:00)
Email: info@fodmap-diet.com
Website: www.fodmap-diet.com

Please reserve the following:

- Welcome drinks and bites, 5th November 2015
- Dinner, 6th November 2015 € 80
- Conference day, 6th November 2015 € 295*
- Urban Food Tour, 7th November 2015 € 65

* early bird rate until 1th October 2015

Organisation name: _____

Address: _____

City: _____

Post code: _____

State: _____

Country: _____

VAT number (only for European companies): _____

Contact name: _____

Position: _____

Email: _____

Website: _____

Phone: _____

Signature: _____

Date: / / 2015

All mentioned prizes are in Euro. After receiving your registration form we sent you an invoice.

Payments and refunds

Payments must be made within 2 weeks after receiving our invoice and at the latest 5th of November 2015. Payments are non-refundable.

FODMAP Around The World

International FODMAP conference
5 - 7 November 2015, Rotterdam, NL

The LOW-FODMAP DIET

Organised by AllergiePlatform.nl, Postbus 244, 3340 AE H.I. Ambacht, NL
Tel 003161 701 66 07 www.FODMAP-diet.com
IBAN NL93INGB0004342491 BIC INGBNL2A CoC 24397935 VAT 816140777B01